



**ASSIST TRAUMA
CARE**

ASSIST TRAINING

Specialist Interventional Therapies

- ⇒ **Cognitive-Behavioural Therapy**
- ⇒ **Cognitive Restructuring**
- ⇒ **Exposure Therapy**
- ⇒ **Eye Movement Desensitisation Reprocessing (EMDR)**
- ⇒ **Imagery Re-scripting and Reprocessing**
- ⇒ **Work with Attachment Disorder**

