CRITERIA FOR POST TRAUMATIC STRESS DISORDER (PTSD) (DSM IV)

- Inability to recall an important aspect of the trauma.
- Markedly diminished interest or participation in significant activities.
- Feeling of detachment or estrangement from others.
- Restricted range of affect
- Sense of a foreshortened future (e.g. does not expect to have a career, marriage, children, or a normal life span).

4. Persistent symptoms of increased arousal (not present before the trauma) as indicated by two (or more) of the following:-
   - Difficulty falling or staying asleep.
   - Irritability or outbursts of anger.
   - Difficulty concentrating.
   - Hypervigilance.
   - Exaggerated startle response.

5. Duration of the disturbance (symptoms in Criteria 2, 3 & 4) is more than 1 month.
6. The disturbance causes clinically significant distress or impairment in social, occupational, or other important areas of functioning.
7. The disturbance is not due to the direct physiological effects of a substance (drug abuse or medication) or a general medical condition, or an exacerbation of a pre-existing Axis I or II disorder.

Specify if:

Acute: if duration of symptoms is less than 3 months.
Chronic: if duration of symptoms is 3 months or more.
With Delayed Onset: If onset of symptoms is at least 6 months after the stressor.