

CRITERIA FOR POST TRAUMATIC STRESS DISORDER (PTSD) (DSM IV)

- ❖ Inability to recall an important aspect of the trauma.
 - ❖ Markedly diminished interest or participation in significant activities.
 - ❖ Feeling of detachment or estrangement from others.
 - ❖ Restricted range of affect
 - ❖ Sense of a foreshortened future (e.g does not expect to have a career, marriage, children, or a normal life span).
4. Persistent symptoms of increased arousal (not present before the trauma) as indicated by two (or more) of the following:-
- ❖ Difficulty falling or staying asleep.
 - ❖ Irritability or outbursts of anger.
 - ❖ Difficulty concentrating.
 - ❖ Hypervigilance.
 - ❖ Exaggerated startle response.
5. Duration of the disturbance (symptoms in Criteria 2,3 & 4) is more than 1 month.
6. The disturbance causes clinically significant distress or impairment in social, occupational, or other important areas of functioning.
7. The disturbance is not due to the direct physiological effects of a substance (drug abuse or medication) or a general medical condition, or an exacerbation of a pre-existing Axis I or II disorder.

Specify if:

Acute: if duration of symptoms is less than 3 months.

Chronic: if duration of symptoms is 3 months or more.

With Delayed Onset: If onset of symptoms is at least 6 months after the stressor.

